



PUSH/FOLD PRESENTS

CATALYSTS

WORLD PREMIERES
BY PORTLAND'S

MAKINO HAYASHI
JORDAN KRISTON
ALANA RAE
MARINA VIANELLO

NOVEMBER 15 | 7:00PM

NEW EXPRESSIVE WORKS

810 SE BELMONT ST. | [PUSHFOLD.ORG/CATALYSTS](https://pushfold.org/catalysts)



1. VEINS

Choreography: Alana Rae

Alana Rae (Choreographer, Dancer) grew up in Salt Lake City, where dance first took hold after seeing *The Nutcracker* at seven. They trained at Ballet West Academy under Jennie Creer-King, building strong ballet and pointe technique while also competing in Latin Ballroom. In 2016, Alana entered the Salt Lake School for the Performing Arts and discovered modern dance and choreography. She later attended the Boston Conservatory at Berklee, earning a BFA in Contemporary Dance in 2023.

As a performer, Alana has danced with Stoneworks Dance Production (Boston) and Chrysalis Ballet Theater (Salt Lake City). Her choreography has been presented at the Boston Conservatory, Cambridge Rindge and Latin School, the Complex @ Canal, and with JAG of BodyVox. Recently, she was a 2024 choreographic resident at Chapel Theater.

Alana joined push/FOLD as a company dancer in 2023 and performs as a freelance artist with ProLab Dance and Susi Mender.

© **A.LANA.RAE**
ALANARAESTUBBS-ARAECEO.COM



2. IT'S NOT ICE CREAM ON 23RD

Choreography: Jordan Kriston in collaboration with Paige Geissler, Alana Rae, Marina Vianello, Sydney Warren

Jordan Kriston (Choreographer) grew up in Phoenix, Arizona, earning a BFA in Dance Performance from Arizona State University. She spent her youth in team sports, swimming, and the outdoors, discovering dance as a teenager when she realized it brought together her drive for physicality and the arts. In 2006 she moved to New York, dancing full-time with H.T. Chen & Dancers and Douglas Dunn & Dancers before joining Pilobolus Dance Theater in 2010. During her seven years with Pilobolus, Jordan co-created more than a dozen works, toured internationally, and taught Pilobolus-style partnering.

Since 2018, Jordan has taught partnering for the California State University Summer Arts program. She has performed with Portland-based artists: Ela Fala Dance Collective, push/FOLD, and Graham Cole. Her choreography has been presented through Polaris Dance Theater, Coho Productions, and N.E.W. Expressive Works, where she was an Artist in Residence.

Jordan lives in Portland, with her partner Zach and their daughter Oriyah, working as a Dance Educator and Choreographer.

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JORDANKRISTON.COM

Photography: Joan Dwiartanto



3. VAGUES

Choreography: Marina Vianello
Music: e-GoS (Gabriel Vianello)

Marina Vianello (Choreographer, Dancer) is a dance artist and arts administrator originally from Kansas City, Missouri. She began her training at City in Motion Dance Theater's School of Dance and earned her BFA in Dance with a minor in Global Systems from George Mason University, graduating magna cum laude. Marina later moved to New York City, where she danced professionally with Ballaro Dance, Terre Dance Collective, Arsenal Movement Dance Project, and Mari Meade Dance Collective, with additional credits including the Lyric Opera of Kansas City and the Festival of Castles in Dordogne, France.

Marina's choreography has been presented in New York City, Philadelphia, and Kansas City. Alongside her creative work, she teaches dance and Pilates and serves as Director of Operations for Pony Box Dance Theatre. She was recently named the 2025 recipient of George Mason University's Young Alumni Creative Development Award & Grant. This is her first season with push/FOLD.

📸 **MARINAVIAAAA**

Photography: Brian-Simcoe



4. UNSEEN

Choreography: Makino Hayashi

Makino Hayashi (Choreographer) was born in Kumamoto, Japan, where she began her ballet training at the Kumamoto Ballet Studio at age nine. She danced professionally with Colorado Ballet from 2002 to 2008, has guested with numerous companies in the U.S. and Japan, and joined Oregon Ballet Theatre in 2010, performing primarily in soloist and principal roles until her retirement from full-time dancing in June 2023.

As a choreographer, Makino focuses on finding, shining, and blooming each dancer's unique beauty. She finds joy in the collaborative process — exploring the chemistry that unfolds in rehearsal and discovering how new ideas spark new possibilities. For her, choreography is a dialogue between movement and emotion, a way to share stories through the individuality of each dancer. She is continually inspired by how performers bring their own expression to her work, transforming each piece into something newly alive.

📸 **MAKINO_HAYASHI**
MAKINO-HAYASHI.COM

Photographer: Samuel Hobbs | Dancers: Paige Geissler & Sydney Warren

Paige Geissler (Dancer) is originally from Chicago, IL and began her professional training under Kate Jablonski at Beyond Words Dance Company, performing off-Broadway in Jablonski's Beyond Words at New World Stages in 2010 and later appearing in Tabula Rasa with The Kate Jablonski Statement for Dance Chicago. In 2016 she moved to Long Beach to pursue her BFA in Dance at California State University, Long Beach, where she received a dance scholarship and performed in works by guest artists Mark Morris and Kevin Williamson alongside numerous faculty and student pieces.

As a dancer, Paige has worked with The Kate Jablonski Statement, Alluvion Dance Chicago, Aerial Dance Chicago, FLOCK, and Juliano Nunes. As a choreographer, her work explores vulnerability and human connection, most recently seen in Two Perspectives at Eccles Theater in Salt Lake City, UT in 2025. Paige moved to Portland in 2024, working as a certified Pilates instructor (Body Arts and Science International with a Dance Specialization) and enjoys rock climbing. This is Paige's first season with push/FOLD.

Sydney Warren (Dancer) is originally from Portland, Oregon where she started dancing at the age of five, studying Ballet, Jazz, Tap and Hip Hop. Sydney received her BFA in Dance at Marymount Manhattan College in New York, concentrating in Modern and Choreography in 2024. While attending Marymount Manhattan, Sydney performed works by Sidra Bell, Jenn Freeman, Chanel DaSilva, Dolly Sfeir, Darshan Singh Bhuller and more. Following graduation, Sydney returned to Portland to begin her professional career as a company member with push/FOLD.

Outside of dance, Sydney enjoys teaching Pilates, traveling, and spending time with family.

**CATALYSTS
PRODUCTION TEAM**

Managing Director:
Holly Shaw

Production Lead:
Marina Vianello

Social Media:
Alana Rae

Technical Direction:
Samuel Hobbs

SPECIAL THANK YOU

Holly & Mia Shaw • Marina Vianello • Alana Rae
Paige Geissler • Sydney Warren • Makino Hayashi • Jordan Kriston
Bill & Wendy Whitsell • Hailey Bill Schademan • Erin O'Shaughnessy
Ronni Lacroute • New Expressive Works • Columbia Dance Center • Briley Jozwiak
Jingzi Zhao • Connie Guist • Christina Grooms • Walter Barillas-Schwartz
George Thorn • Sharon & Alan Jones • Sarah Rigles • Carolen Hope & Steve Lyford
Dean Richardson • Chris Hayes • Sheri Grether • Eric Nordstrom
Janet Shaw • Toots (aka My Captain)

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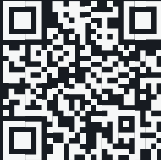


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ARTISTIC DIRECTOR | SAMUEL HOBBS

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